

Welcome to Akron's 2022 Fall Sports Athlete & Parent Meeting



Mr. Christopher Schiumo
Athletic Director

Mrs. Wendy Pazderski
Administrative Assistant

Akron-School of Excellence

- ▶ 17 of our 21 varsity teams were recognized as Scholar Athlete Teams.
- ▶ 8 of our 9 fall varsity teams earned Scholar Athlete Team recognition.
- ▶ Congratulations to all our students, coaches and families!



**AKRON
TIGERS**

Purpose of Presentation

- Provide an overview of our Athletic Program
- Review expectations, procedures and policies
- Provide an opportunity for parents to meet with coaches before the season begins

Athletic Philosophy

- ▶ High school athletics provide experiences to aid in developing habits and attitudes to prepare them to be lifelong learners in a global society.
- ▶ Promote a sense of responsibility as an ambassador of our school district.
- ▶ Athletics add to school spirit and helps all students - spectator as well as participant - develop school pride.
- ▶ Athletics promote healthy and active lifestyle.
- ▶ Athletics are secondary to academics and are made available only if the student meets the academic eligibility requirements.

Eligibility Rules / Academic Policy



Students are placed on the Academic Ineligibility list when failing two or more subjects. This list will come out every 5 weeks. Next list comes out October 6th.



Students on the ineligibility list cannot participate in contests for two weeks, but are to attend practices.



Student-athletes must attend all remediation opportunities for each class they are failing. Students should not attend sports study-hall.



JV/VAR: May petition teachers to be removed from ineligibility list starting October 21st.

MOD: Every Monday morning athletes must obtain a temporary return to eligibility sign-off sheet.

ALL students are encouraged to stay with a teacher during 9th period.

Attendance Policy

- ▶ Student-athletes must be in attendance for the entire day to participate in athletics.
- ▶ If a student-athlete is absent because of an appointment which must be scheduled during the school day, the student may participate if they receive permission from administration.
- ▶ Student-athletes who are suspended may not participate in athletic activities.
- ▶ Students who arrive late to school must receive permission from the athletics office to participate in activities that same evening.

Conduct of an Athlete

“You owe it to yourself and your team to present your best, healthiest self” -Unknown

- ▶ Exhibit fair play, sportsmanship and proper conduct on and off the playing field.
- ▶ Place academic achievement as the highest priority.
- ▶ Refrain from any activity that could be considered bullying, harassment or hazing.
- ▶ Respect equipment and facilities.
- ▶ Win with character, lose with dignity.

Spectator Code of Conduct

- ▶ We are asking for your support in providing positive role-modeling for our student-athletes.
- ▶ The involvement of our students in athletics and activities contributes to the development of their values system. Trustworthiness, citizenship, caring, fairness, and respect are lifetime values that are taught through interscholastic activities and are principles of good sportsmanship and character.
- ▶ Be empathetic, show respect and demonstrate Akron values.

Social Media

- ▶ Akron Central School District recognizes a student-athlete's right to freedom of speech and expression.
- ▶ Student-athletes represent the ACS and are expected to portray yourself, your team, the district and community in a positive manner.
- ▶ Conduct deemed as inappropriate over any means of social media throughout the year will be subject to disciplinary action.
- ▶ Such conduct may include, but is not limited to, inappropriate language, inappropriate photos/videos, inappropriate action, bully and/or evidence of possessions or use of a controlled substance.

24-Hour Rule

- ▶ Please DO NOT approach a coach with a concern or problem while emotions may be “running high”.
- ▶ Right before and right after contests are No-no’s.

Chain of Command

- ▶ During the course of the season should a concern arise. The following communication process should be followed:
 - ▶ Player arranges meeting with coach
 - ▶ Parent arranges meeting with coach and player
 - ▶ Parent arranges meeting with Athletic Director
 - ▶ Parent arranges meeting with Athletic Director and Principal
 - ▶ Parent arranges meeting with the Superintendent

Communication is Key



Students need to communicate with their coaches when they will not be in attendance for practice/games.



All athletic updates will be made on our athletics webpage as well as social media outlets. Coaches may have their own way to communicate with their athletes. Athletes are responsible for relaying changes to parents/guardians.



ACT/SAT review class, Regents review class, Final Exam reviews, Wellness Club events, Summer Athletic teams, Vacations, Musicals, Plays, Concerts are just to name a few of potential conflicts.

Sports Study Hall

What it is.

- ▶ A great opportunity for athletes to eat and complete their studies from 2:37-3:18.
- ▶ Athletes are encourage to stay with a teacher.

What it is not.

- ▶ Students are not permitted in restricted areas without coach supervision ie: locker rooms, gymnasiums
- ▶ Not an opportunity to walk the hallways.

*Please lock equipment in team locker rooms, hallway lockers or the main office. Equipment should not be out during the school day.

Concussions: The Invisible Injury

- ▶ All of our coaches have training in identifying a concussion.
- ▶ A concussion results from the brain moving back and forth or twisting rapidly inside the skull.

Symptoms:

- Decreased memory of events prior
- Confusion or dazed
- Loss of consciousness
- Balance difficulties, dizziness
- Blurry Vision
- Sensitivity to light

*Students will follow the Return to Play Protocols once symptom free for 24 hours.

*Must be cleared by a doctor.

Athletic Trainer

- ▶ Jessica Baun
- ▶ Athletes are responsible to communicate to their coach any injuries/discomfort.
- ▶ Injury Clinic Dates- TBD

Covid

- ▶ At this time there are NO restrictions on athletics regarding Covid-19.
- ▶ If someone who tested positive has no symptoms, isolation may end after day 5.
- ▶ If someone has symptoms, isolation may end after day 5 if they are fever-free for 24 hours (without the use of fever-reducing medication) and symptoms are improving.
- ▶ **After you have ended isolation, when you are feeling better**
 - ▶ Wear your mask through day 10.
 - ▶ If you have access to antigen tests, you should consider using them. With two sequential negative tests 48 hours apart, you may remove your mask sooner than day 10.

New Initiatives - BestSelf Behavioral Health



- ▶ Our goals are to increase social emotional skills of student athletes and non-athletes through relationship building, team work, empowerment, empathy, and self advocacy in sport with their coaches and mentors.
- ▶ Sport psychologist will be working with both coaches and teams on the following:
 - ▶ Relationship Building and Communication with Student-Athletes
 - ▶ Frustration Tolerance and Resiliency Building in Student-Athletes
 - ▶ How to Build Confidence in Student-Athletes
- ▶ Carolyn Bell: Sports Coordinator, Sport Psychologist
- ▶ Cierra Hernandez: Social Emotional Coordinator

Readers are Leaders



- ▶ Readers are Leaders is a mentoring program for our elementary students. Our goal is to promote growth for both our student-athletes and our young readers.
- ▶ Akron athletic teams will work with Elementary students (9th period) in a mentorship role. Students will read/tutor and support the elementary students. We hope our student-athletes will build a relationship with our future student-athletes and provide growth opportunities for all that are involved.

Follow us!

- ▶ Twitter: @AkronHSSports
- ▶ Instagram: akron_athletics
- ▶ Website: www.akronschools.org



The background is a solid orange color with a subtle pattern of technical diagrams. These include several circular gauges with numerical scales (e.g., 40, 150, 160, 170, 180, 190, 210, 220, 230, 240, 250, 260) and various circular arrows, some solid and some dashed, indicating motion or flow. The text is centered in a clean, white, sans-serif font.

WE ARE SO EXCITED FOR THIS
UPCOMING SEASON.

THIS COULD NOT HAPPEN
WITHOUT YOUR SUPPORT.

THANK YOU.

ROOM ASSIGNMENTS

(IF NEEDED)

- Football: AUD
- Modified Field Hockey: C-119
- JV/Var Field Hockey: Gym 3 (near weight room)
 - Boys Soccer: MPR
 - Volleyball: Gym 1 (performance Gym)
 - Cross Country: Gym 2 (Bennett's Gym)
 - Cheerleading: C-120
 - Golf: Blue Gym